



Links to Year 13 Topics



Term 3

- Unit 14 = Working in Active Leisure and Facilities (Triple)
- U17 = Sports Injuries and Rehabilitation (Single/Double/Triple)
- Unit 19 = Sport and Exercise Psychology (Double/Triple)

Leisure facilities, chronic and acute injuries and theories and applications.

Assessment

Reading of Brief Scenario Tasks

Links to psychology.

Term 2

- U1 = Body Systems and the Effects of Physical Activity (Single/Double/Triple)

- Unit 5 = Performance Analysis in Sports and Exercise (Double/Triple)
- U10 = Biomechanics and Movement Analysis (Double/Triple)
- Unit 14 = Working in Active Leisure and Facilities (Triple)
- U17 = Sports Injuries and Rehabilitation (Single/Double/Triple)
- Unit 19 = Sport and Exercise Psychology (Double/Triple)

Anatomy and physiology, analysis, movement, leisure facilities, chronic and acute injuries and theories and applications.

Assessment

Reading of Exam Questions and Brief Scenario Tasks

Links to biology and physics science, technology and psychology.

Term 1

- U1 = Body Systems and the Effects of Physical Activity (Single/Double/Triple)
- U3 = Sport Organisation and Development (Single/Double/Triple)
- Unit 5 = Performance Analysis in Sports and Exercise (Double/Triple)
- U7 = Improving Fitness for Sport and Physical Activity (Double/Triple)
- Unit 8 = Organisation of Sports Events (Double/Triple)

Anatomy and physiology, sports organisations, analysis, fitness tests and types of events.

Assessment

Reading of Exam Questions and Brief Scenario Tasks

Links to biology science and technology.

